

Hygiene Aware



WASH HANDS

often with soap and water for at least 20 seconds.



COVER COUGHS AND SNEEZES

with your inner elbow or use a tissue and dispose of immediately.



AVOID TOUCHING YOUR FACE

especially your mouth, nose and eyes.



SOCIAL DISTANCE

yourself 1.5m from others and avoid physical contact.



STAY HOME

if you are sick.



CLEAN SURFACES

and objects such as desks, keyboards and phones regularly.

All visitors please sign in at reception on arrival.